



Society of Endocrinology and  
Diabetology in Bosnia and  
Herzegovina

## 1<sup>st</sup> EASD POSTGRADUATE COURSE

### IN CLINICAL DIABETES AND ITS COMPLICATIONS

02-04 November 2018 in Sarajevo, Bosnia and Herzegovina

#### Friday, 02 November 2018

10:00 -12:30 REGISTRATION

12:30 -13:30 LUNCH

13:30 -14:00 OPENING CEREMONY

#### 14:00 -16:00 **FIRST SESSION**

Chairs: Tomasz Klupa / Sniježana Hasanbegović

14:00 -14:30 **Epidemiology of diabetes and differential diagnosis of type 1 diabetes**

Tomasz Klupa (Poland)

14:30 -15:00 **Modern treatment of type 1 diabetes: multiple daily injections and pumps**

Sniježana Hasanbegović (Bosnia and Herzegovina)

15:00 -15:30 **Hypoglycaemia**

Azra Bureković (Bosnia and Herzegovina)

15:30 -16:00 **Glycaemic variability and its importance in clinical practice**

Nebojsa Lalić (Serbia)

16:00- 16:30 COFFEE BREAK

16:30-18:40 **WORKSHOPS** (3 parallel 60 min sessions – each workshop repeated after 10 mins break, participants attend 2 out of 3 workshops)

#### **Workshop 1: Hypoglycaemia solving and prevention**

Drazenka Pongrac Barlovic (Slovenia), Azra Bureković (Bosnia and Herzegovina) and Danijel Pravdić (Bosnia and Herzegovina)

#### **Workshop 2: Self-monitoring, CGM, insulin pump therapy**

Tomasz Klupa (Poland) and Sniježana Hasanbegović (Bosnia and Herzegovina)

#### **Workshop 3: Hyperglycaemic crisis, acute illness, traveling with diabetes**

Leszek Czupryniak (Poland), Amela Dizdarević Bostandžić (Bosnia and Herzegovina) and Mubina Hodžić (Bosnia and Herzegovina)

20:00 WELCOME DINNER

**Saturday, 03 November 2018**

09:00-11:00 **SECOND SESSION**

Chairs: Nebojsa Lalić / Sabina Semiz

09:00 -09:30 **Type 2 diabetes: from genes to prognosis and therapy**

Sabina Semiz (Bosnia and Herzegovina)

09:30 -10:00 **Education in prevention of type 2 diabetes mellitus**

Tatjana Milenkovic (Macedonia)

10:00 -10:30 **Which antidiabetic drug for which patient and when?**

Nebojsa Lalić (Serbia)

10:30 -11:00 **Initiating and intensifying pharmacotherapy in type 2 diabetes**

Drazenka Pongrac Barlovic (Slovenia)

11:00-11:30 COFFEE BREAK

11:30-13:00 **THIRD SESSION**

Chairs: Dario Rahelić / Đuro Macut

11:30 -12:00 **Cardiovascular risk in diabetes**

Dario Rahelić (Croatia)

12:00 -12:30 **How much a diabetologist should know about diabetic retinopathy**

Leszek Czupryniak (Poland)

12:30- 13:00 **Current standards for managing diabetes in pregnancy**

Đuro Macut (Serbia)

13:00- 13:10 GROUP PHOTO

13:10-14:00 LUNCH

14:00-15:30 **FOURTH SESSION**

Chairs: Zelija Velija Ašimi / Snježana Popović-Pejičić

14:00-14:30 **Diabetes and depression**

Snježana Popović-Pejičić (Bosnia and Herzegovina)

14:30 -15:00 **Prediabetes**

Zelija Velija Ašimi (Bosnia and Herzegovina)

15:00- 15:30 **Obesity and diabetes – how to kill two birds with one stone**

Tsvetalina Tankova (Bulgaria)

15:30 -16:00 COFFEE BREAK

16:00-18:10 **WORKSHOPS** (3 parallel 60 min sessions – each workshop repeated after 10 mins break, participants attend 2 out of 3 workshops)

**Workshop 4: Gestational diabetes and pre-existing diabetes in pregnancy**

Đuro Macut (Serbia)

**Workshop 5: Making decisions in type 2 diabetes management**

Tatjana Milenkovic (Macedonia) and Tanja Dujić (Bosnia and Herzegovina)

**Workshop 6: Treatment of diabetic macroangiopathy: hyperglycaemia vs other risk factors**

Dario Rahelić (Croatia), Almir Fajkić (Bosnia and Herzegovina) and Vanja Karlović (Bosnia and Herzegovina)

20:00 DINNER

**Sunday, 04 November 2018**

**09:00-10:30 FIFTH SESSION**

Chairs: Leszek Czupryniak / Peter Gaede

**09:00 -09:30 Islet cell – pancreas transplantation, stem cell**

Leszek Czupryniak (Poland)

**09:30 -10:00 How to best prevent and treat diabetic kidney disease**

Peter Gaede (Denmark)

**10:00 -10:30 From diabetic neuropathy to diabetic foot**

Tsvetalina Tankova (Bulgaria)

**10:30- 11:00 COFFEE BREAK**

**11:00 -13:00 WORKSHOPS** (3 parallel 55 min sessions – each workshop repeated after 10 mins break, participants attend 2 out of 3 workshops)

**Workshop 7: How to manage a patient with diabetic foot?**

Tsvetalina Tankova (Bulgaria) and Blaženko Vuković (Bosnia and Herzegovina)

**Workshop 8: Insulin therapy in type 2 diabetes**

Peter Gaede (Denmark) and Sanja Selak (Bosnia and Herzegovina)

**Workshop 9: How to manage obese individuals with prediabetes and diabetes**

Zelija Velija Ašimi (Bosnia and Herzegovina) and Malik Ejubović (Bosnia and Herzegovina)

**13:00-14:00 SIXTH SESSION**

Chairs: Amela Dizdarević Bostandžić / Tatjana Milenkovic

**13:00- 13:30 Managing hypertension and dyslipidaemia in patients with diabetes**

Amela Dizdarević Bostandžić (Bosnia and Herzegovina)

**13:30- 14:00 Future of diabetes care – dreams and possibilities?**

Tatjana Milenkovic (Macedonia) and Sabina Semiz (Bosnia and Herzegovina)

**14:00-14:30 Discussion and Closing remarks**

Certificates distribution

**14:30 LUNCH**